

Humboldt School District Smart Snack Suggestions

***Please note: Food labels/ingredients may change over time, so please read the labels before purchasing snacks. This is also only a suggestion. Other snacks can still be purchased and used. ***

Healthy Snacks

| Crackers | Cereals |
|-----------------------------------|--------------------------|
| Annie's Bunnies | Cheerios (plain) |
| Barnum Animal Crackers | Chex (Rice, Corn, Wheat) |
| Brenton Brand Crackers | Cinnamon Toast Crunch |
| Cheez-Its, Cheese Nips | Corn Flakes |
| Goldfish Crackers | Crispix |
| Graham Crackers | Frosted Mini-Wheats |
| Ritz (No Ritz Bits/sandwiches) | Kix |
| Saltines, Premium Oyster Crackers | Life |
| Teddy Grahams | Lucky Charms |
| Town House, Club, Toasteds | Corn Pops |
| Triscuits | |
| Vanilla Wafers | |
| Wheat Thins | |

| Miscellaneous Snacks |
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| Annie's Snack Mix |
| Cascadian Farms Granola Bars (NO Peanut Butter) |
| Chex Mix (cheddar, bold, original) |
| Enjoy Life Chewy Bars |
| Fig Newtons |

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| Garden Veggie Straws |
| Handi-Snacks Mister Salty |
| MadeGood Granola Bars & minis |
| Nutrigrain Cereal Bars |
| Popcorn, Boom Chicka Pop, Skinny Pop Popcorn |
| Pretzels |
| Somersaults Sunflower Seed Crunchy Bites |
| Special K Bars (NO Honey Nut) |
| Cliff bars |
| Beef Jerky |

Special Occasion Snacks (Birthday/Holiday Parties Only)

| Cookies | Chips |
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| Dare Cookies (Fudge, Lemon, Maple) | Fritos |
| Enjoy Life Cookies | Potato Chips |
| Kellogg's Rice Krispie Treats (original) | Pringles |
| Keebler Fudge Stripes | Sun Chips |
| Keebler Grasshopper Fudge Mint | Tostitos |
| Keebler E. L. Fudge | |
| Nabisco Lorna Doone Shortbread | |
| Oreos (regular/golden) | |
| Lofthouse Cookies (Available at Brother's Market) Chocolate Chunk, Candy Bite, Frosted Sugar Cookie | |

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|--------------|
| Candy |
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| Dye Free Yum Earth | Sixlets |
| Enjoy Life Chocolate Bars | Smarties |
| Enjoy Life Chocolate Bars | Tootsie Frootie Rolls |
| Gum | Tootsie Rolls |
| Hershey Kisses—milk chocolate | Milk Duds |